



## South Coast Medical News June 2024

Over the last few months, South Coast Medical has been adding new general practitioners, allied health professionals, specialist services and additional support staff to provide patients with services required to benefit their health.



**CARDIOLOGIST:** South Coast welcomes Dr David Blusztajn; cardiologist. Dr Blusztajn will be consulting monthly from the Rye clinic. He has vast experience and is passionate about a minimally-invasive approach to his cardiac interventions where possible.

Appointments with Dr Blusztajn can be made via South Coast Medical Rye after receiving a referral from your practitioner.

**PODIATRY:** The Rye clinic has two new podiatrists consulting on Wednesdays and Thursdays.

Jeevan and Patrick are both experienced podiatrists, already receiving great feedback from patients in the clinic. Both Jeevan and Patrick are available for private podiatry or care plan sessions.



You can book an appointment for podiatry via reception or online for Jeevan [HERE](#) or for Patrick [HERE](#)



**EXERCISE PHYSIOLOGY:** Sam consults on a Wednesday from the Capel Sound clinic and is available for both private and care plan sessions.

As an Exercise Physiologist, Sam specialises in chronic disease management, using evidence based clinical exercise prescription to help improve the overall health and wellbeing of clients.

Appointments with Sam can be made via [PACE HEALTH](#)

### **ALLIED HEALTH AT SOUTH COAST MEDICAL**

To find a list of all allied health service providers currently consulting at South Coast, head to the website [HERE](#)

Providing opportunity for a multi disciplinary approach to your care, the clinics have a range of allied health services available for booking, including: Dietitian, Diabetes Educator, Podiatry, Physiotherapy, Psychology, Audiology and Exercise Physiology

### **HAVE YOU MET ANY OF THE NEW GENERAL PRACTITIONERS AT SOUTH COAST?**

Over the last few months, there have been several new practitioners begin consulting from the clinics.

Dr Alex Romain consults from the Dromana and Rye clinics. Dr Romain has a special interest in diabetes, chronic illness, men's health, older people and cancer.

Dr Tarak Akkireddi is a GP registrar consulting from the Rye clinic. Dr Akkireddi has a special interest in sports medicine, orthopaedics, lifestyle medicine and travel medicine.

Dr Josh Wright is a GP registrar consulting from the Capel Sound clinic. He is interested in all areas of General Practice and has completed an additional diploma in paediatric health.

Dr Susana Benavente Lazo is a GP registrar consulting from the Blairgowrie clinic. She consults 5 days a week and has already built a loyal following.



### **CONSULTATION FEES:**

Please remember that reception staff and the clinic do not determine what you are charged for a consultation.

Private charges and bulk billing arrangements are at the discretion of your treating practitioner.

If you are experiencing hardship or have concerns regarding your fees please speak directly with your practitioner.



### **FLU & COVID VACCINATIONS:**

All clinics currently have stock of both private and government flu vaccinations as well as the Covid vaccines for those requiring boosters.

You can book these online via [Hotdoc](#) with your preferred clinic or by calling the clinics directly.

### **HAVE YOU HAD YOUR SKIN CHECKED LATELY?**

Annual skin checks with an experienced melanographer, dermatologist or trained general practitioner will give you the best chance of catching suspicious

spots or moles early when they're most treatable.

South Coast Medical are fortunate to have trained general practitioners specialising in skin checks at the Dromana, Capel Sound and Rye clinics. In addition, the Rye clinic is MoleMap licensed with a trained melanographer on site to provide full body checks with images for comparison in later years.

To read more about skin checks and MoleMap at South Coast click [HERE](#)



# STAY WELL THIS WINTER

## **South Coast Medical**

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